



Level 3 Emergency First Aid at Work. 1 Day

This course is for people who want to become an accredited First Aider, where your workplace first aid assessment indicates a certificate in Emergency First Aid at Work is required (EFAW).

Content

The content of the course will cover:

The role of the first aider

Communicating with a casualty

Contents of first aid kits (and avoiding cross infection)

Recording of incidents and accidents

Assessing the situation and circumstances in order to act safely, promptly and effectively in an emergency

Administer first aid to a casualty who is unconscious

Cardio pulmonary resuscitation (CPR) Adult, Child & Baby

Choking

Wounds or bleeding

Shock

Has minor conditions - to include: minor cuts, grazes and bruises, minor burns & scalds, small splinters.

How to use an AED(Automated External Defibrillator)

Certification

Successful candidates receive an approved (EFAW) certificate and personalised ID card valid for three years.

Please note upon expiry of your first aid certificate if you continue to be your companies trained first aider a re-qualification course becomes necessary.

Pre-requisites

Candidates must be physically able to carry out the procedures detailed in the course outline.