



Health and Safety

Highfield Level 1 Award in the Principles of Health and Safety within the Workplace (RQF)

This qualification is designed for those learners either currently working or those returning or starting work and wishing to gain a nationally recognised qualification in health and safety.

The qualification can be taken as stand-alone or as part of a wider programme of training, is available to learners aged 14+ and has one mandatory unit to complete.

Mandatory Unit

This qualification includes the following mandatory unit:

Principles of Health and Safety within the Workplace

How long will it take me to achieve this qualification?

This qualification is usually achieved by taking a half-day course. However, it can also be achieved through a variety of other methods including blended and distance learning.

How is the qualification assessed?

It is assessed by a multiple-choice examination, where the learner must answer at least 9 out of 15 questions correctly. The examination will take a maximum of 30 minutes to complete.

What next?

Learners successfully completing this qualification may wish to progress onto further qualifications, such as:

Highfield Level 2 Award in Health and Safety within the Workplace (RQF)

Where can this course be taken?

Through any Highfield approved training centre.

Qualification Number: 603/1251/8 Credit Value: 1

